Malawi Maternal and Neonatal Health Toolkit

Welcome to the Maternal and Neonatal Health Toolkit for Malawi?your one-stop source for information and tools on issues surrounding Maternal and Neonatal Health, developed by the Malawi Reproductive Health (RH) Toolkit Taskforce.

This toolkit provides resources, such as posters and pamphlets in Chichewa, to help spread awareness about the importance of antenatal care and neonatal health. This toolkit also provides resources that summarize antenatal care services and its benefits.

The intended audiences are practitioners, program managers and health professionals interested in helping to improve maternal and neonatal health through education and improved services.

Browse for resources by using the thematic tabs above. Read more about how to get started using this toolkit.

We invite you to contribute by suggesting resources to include in the toolkit and by posting your comments through the feedback form. You may also be interested in other toolkits developed by the Malawi RH Toolkit Taskforce. Please visit the Malawi Family Planning Toolkit and the Malawi Young People in Reproductive Health Toolkit.

Who developed this toolkit?

The Malawi Young People in Reproductive Health toolkit was created by the RH Toolkit Taskforce, made up of individuals from the Malawi Ministry of Health (Reproductive Health and Health Education Units), PSI, Futures Group, UNFPA, Bridge Project, National Youth Council of Malawi, National Organization of Nurses and Midwives, and Management Sciences for Health.

What are K4Health Toolkits?

K4Health Toolkits are electronic libraries of carefully selected information resources on a particular topic for health policy makers, program managers, and service providers. They are based on a continuous publishing principle that allows them to evolve after publication to capture additional resources and to identify and fill remaining information gaps.

What is the purpose of this toolkit?

The Malawi Maternal and Neonatal Health Toolkit was created to help spread awareness among practitioners, program managers, and providers in Malawi about the importance of
antenatal care and neonatal health.

**What types of resources are included?**

This toolkit includes posters and pamphlets in Chichewa as well as resources that summarize antenatal care services and its benefits.

We invite you to **suggest resources** that you think should be included in this toolkit.

**Who are the intended audiences?**

The toolkit is intended for use by practitioners, program managers, and health professionals interested in helping to improve maternal and neonatal health through education and improved services.

**How do I get started using this toolkit?**

To browse the contents of this toolkit, use the navigation on the right to view resources related to programmatic topics. Each section includes a list of a number of high-quality resources selected by the Malawi Reproductive Health Toolkit Taskforce, further organized by sub-topic. Click on the title of the resource for more information about it, or click on the full-text link to get direct access to the full resource.

**How can I suggest a resource to include in this toolkit?**

We invite you to contribute to evolving and enhancing this toolkit. If you have developed or use quality resources that you think should be included in the toolkit, please use the **feedback form** to suggest them. The toolkit collaborators will review and consider your suggestions.

**How can I make a comment or give feedback?**

If you have comments about the toolkit, please use the **feedback form**. Your feedback will help to ensure the toolkit remains up-to-date and is continually improved. For example, you can share ideas about how you have used the toolkit in your work so that others can learn from and adapt your experiences.

**Policies and Guidelines**
This section of the Maternal and Neonatal Health Toolkit for Malawi is still in development. Please check back later.

If you have any resources to contribute or comments about this section of the toolkit, please visit the feedback form.

Training

The Training section of the Maternal and Neonatal Health Toolkit for Malawi includes a training manual to train Health Surveillance Assistants in community-based maternal and neonatal care, as well as a PowerPoint presentation that summarizes the core competencies for antenatal care provision.

You can also visit Global Health eLearning, which includes global courses on antenatal care, maternal survival, and other topics.

Do you need additional training materials? Let us know! Please also tell us if you know of any additional training manuals or related materials that you think should be included in this section of the toolkit. Visit the feedback form to post your suggestions!

Resources:

- Community Based Maternal and Neonatal Care: Manual for Health Surveillance Assistants
This manual has been developed to train community-based health workers who are already trained as Health Surveillance Assistants. The aim of this manual is to empower Health Surveillance Assistants with the knowledge, attitudes and skills necessary for the provision of information, counseling and referral of mothers and neonates to a health facility appropriately. The manual was developed following the objective, question and content format. It is divided into five units geared toward providing the participant with knowledge and skills necessary for providing care to mothers and their newborn babies. The units are very essential in the care of the neonates and mothers before, during and after delivery:
Unit 1: Introduction to maternal and neonatal health
Unit 2: Essential Care for Pregnant Women
Unit 3: Essential Information necessary for Care during Labour, Delivery and Immediately after the Birth of the Baby
Unit 4: Essential Care for Women and Neonates during the First Week Postpartum
Unit 5: Management of Supplies, Record Keeping and Supervision

• Maternal and Neonatal Health (PowerPoint presentation)

This presentation summarizes the Millenium Development Goals (MDGs) on maternal and child health and provides an overview of the situation in Malawi related to these MDGs. It also provides a summary of the core competencies that midwifery students should be able to meet in terms of antenatal care services.

• Sexual and Reproductive Health and Rights (SRHR) Learning Package Orientation Program (timetable)

This is the schedule of an orientation program on Sexual and Reproductive Health and Rights (SRHR) that took place at Hotel Victoria in Malawi in June 2009.

• Participants Manual in Integrated Maternal and Neonatal Care

The purpose of this training manual is to equip practising midwives and other skilled birth attendants with knowledge, skills, and appropriate attitudes in the management of life-threatening conditions during pregnancy, delivery, and the postpartum period, as well as basic essential newborn care. The manual is competency-based and consists of 26 modules, covering a wide variety of topics such as data collection, infection prevention, management of
a woman during the different stages of labour, postnatal and newborn care, antepartum haemorrhage, and management of obstructed labour.

Service Delivery

The document included in the Service Delivery section of the Maternal and Neonatal Health Toolkit for Malawi provides data on several indicators related to maternal and newborn health and related areas in Mzimba District, Malawi.

The Reproductive Health Toolkit Taskforce who developed this toolkit needs your help to populate this section of the toolkit with additional resources. If you have any suggestions, please visit the feedback form. We would love to hear from you!

Resources:

- **Newborn Health Program: Knowledge, Practice and Coverage Survey for Mothers of Children 0-23 Months in Mzimba District, Malawi**

This report is an executive summary of the Knowledge, Practice and Coverage Survey for mothers of children 0-23 months in Mzimba District, Malawi. The primary purpose of the survey was to obtain baseline data on selected indicators in order to inform project activities of Save the Children’s Newborn Health Project. The report discusses the objectives of the Knowledge, Practice and Coverage survey, the methods used to collect information, and an analysis of findings on the 41 indicators for which data was collected on maternal and newborn health, child spacing, breastfeeding, vitamin A supplementation, child immunization, malaria, control of diarrhea, acute respiratory infections, water and sanitation, and anthropometrics of children.
The Communication section of the Maternal and Neonatal Health Toolkit for Malawi includes a number of communication materials, including posters, leaflets, comic books, and fact sheets, that address maternal and newborn health. The materials aim to increase community awareness about maternal and newborn health issues and to advocate increased commitment and resources to prevent maternal and newborn deaths.

Click on the topics below to access the full-text communication materials. Have a suggested resource or comment about this section? Please visit our feedback form.

Maternal and Newborn Health

This section of the Malawi Maternal and Neonatal Health Toolkit includes several posters and other communication materials that send messages about the importance of antenatal care, postnatal care, newborn care, and related health topics.

If you have additional communication materials that you think should be included in this section, please post your suggestions through the feedback form.

Resources:

- **Breastfeeding (poster)**

  This poster displays a mother breastfeeding her infant.
Act Now TBA (poster)

This poster shows a woman assisting a girl on a cart.

• Infection Prevention (poster)

This poster shows a health worker washing her hands with a message focused on infection prevention.

• Male Involvement (poster)

This poster shows a man and a woman on a bicycle with the message focused on male involvement in motherhood.

• Sulfadoxine-Pyrimethamine (SP) Treatment of Malarial Parasite During Pregnancy (poster)

This poster shows a health worker watching a woman taking a pill (sulfadoxine-pyrimethamine) to treat infection with malarial parasite during pregnancy.

• Antenatal Care (poster)

This poster shows a pregnant woman with the message focused on antenatal care.

• Antenatal Care Benefits (poster)

This poster displays a health worker providing antenatal care to pregnant women with a message focused on the benefits of antenatal care.

• Postnatal Care (poster)
This poster shows a new mother holding her child speaking with a health worker with the message focused on postnatal care.

- **Safe Motherhood- Birth Preparedness (booklet)**

  This booklet discusses safe motherhood and birth preparedness.

- **Protect the Newborn (poster)**

  This poster shows a young infant with a message focused on protecting newborn children.

**Safe Motherhood Road Map**

Malawi was among the first African countries to launch a national road map to combat maternal and infant death. The road map provides strategies to guide policy makers, development partners, training institutions, and service providers in supporting government efforts to reduce maternal deaths and ensure that women go through pregnancy, childbirth, and post-delivery safely, while also ensuring that their babies are alive and healthy. The theme of the road map is *Maternal Death Is Preventable; No More Silence, Act Now!*

The resources in this section of the Maternal and Neonatal Health Toolkit for Malawi include advocacy and communication materials, such as posters and fact sheets, that were developed to support Malawi's Road Map. The materials advocate increased commitment and resources for maternal and neonatal health and also raise awareness of the community on maternal and neonatal health issues.

Know of additional materials that you think should be included in this section of the toolkit? We want to hear from you! Please visit the [feedback form](#).

**Resources:**

- **Maternal Death Is Preventable; No More Silence: Act Now (Road Map advocacy package)**

  This advocacy package focuses on maternal death in Malawi. It discusses why it is
happening, three key health interventions, the three delays, and prevention. It was created for Malawi’s Road Map to prevent maternal and infant death, with the theme, *Maternal Death is Preventable; No More Silence: Act Now!*

- **Chitani Kanthu Sopano! Ministry of Information and the Media (fact sheet for the Ministry of Information and the Media)**

  This fact sheet discusses the issue of maternal death and is targeted to the Ministry of Information and the Media.

- **Tichete Kanthu Tsopano Malawi! (Our Messages to Communities)**

  This resource includes important messages targeted toward the communities in Malawi.

- **Road Map Theme Poster**

  This poster shows a mother holding her newborn infant.

- **Chitani Kanthu Tsopano! Mfumo (fact sheet for chiefs and TAs)**

  This fact sheet advocates to community leaders to take action to prevent maternal deaths. It discusses: The organization of a emergency preparedness committee for pregnancy Community safe motherhood taskforce bylaws Establishment of community transport for emergencies Monitoring of TBAs in the community Education of community members on importance of safe motherhood Mobilization of men for greater involvement and responsibility

- **Youth-Friendly Poster for Road Map**
This poster shows a health worker counseling an adolescent girl with a message focused on youth-friendly practices.

- **Chitani Kanthu Tsopano! Ministry of Local Government** *(fact sheet for local government)*

  This fact sheet discusses the issue of maternal death and is geared toward the Ministry of Local Government.

- **Chitani Kanthu Tsopano! Parlimentarians** *(fact sheet for Parliament)*

  This fact sheet provides key information regarding maternal death and is appropriate for Parliament.

- **Chitani Kanthu Tsopano! Ministry of Gender** *(fact sheet for the Ministry of Gender)*

  This fact sheet discusses maternal death and is appropriate for the Ministry of Gender.

- **Chitani Kanthu Tsopano! Ministry of Health** *(fact sheet for the Ministry of Health)*

  This fact sheet discusses the issue of maternal death and is targeted toward the Ministry of Health.

### Sexually Transmitted Infections (STIs)

This section of the Maternal and Neonatal Health Toolkit for Malawi includes communication materials in the Chichewa language to increase awareness of the community about sexually transmitted infections (STIs), including acquisition, testing and counseling, and partner and family
notification of STI status. The resources include leaflets, posters, and a comic book.

Have a suggested resource or comment about this section? Please visit the feedback form.

Resources:

- **STI Information (leaflet)**

  This leaflet discusses information regarding sexually transmitted infections (STIs).

- **STI (leaflet)**

  This leaflet discusses sexually transmitted infections (STIs).

- **Supportive Health Provider (poster)**

  This poster displays a health worker with the message focusing on a supportive and confidential experience regarding sexually transmitted infection counseling.

- **Anyone Can Get an STI (poster)**

  This poster displays pictures of six happy people of various backgrounds, for example, men and women, military personnel and professional businessmen, and a mother with a baby, with the message that anyone can get a sexually transmitted infection.

- **Partner and Family Notification (poster)**

  This poster shows a young family with the message focused on partner notification.

- **Mukuchedweranji (poster)**

  This image displays two men getting ready to visit a clinic.
Partner Notification (poster)

This poster shows a young man with the message focused on partner notification.

• STI Comic Book

This comic book in Chichewa focuses on sexually transmitted infections (STIs).

Tools

The Tools section of the Maternal and Neonatal Health Toolkit for Malawi offers downloadable forms and checklists in Microsoft Word and Excel to help with tracking and supervising Kangaroo Mother Care (KMC) services as well as basic and comprehensive emergency and neonatal obstetric care.

Have a suggested resource or comment about this section of the toolkit? Please visit the feedback form.

Resources:

• National Basic Emergency Obstetric and Neonatal Care Standards: Tutors and Preceptors

The purpose of this orientation package is to provide basic information and tools on how to improve the quality of Pre-Service Midwifery Education using a Standards-based Education Management (SBEM) approach. SBEM is a system for the assessment, monitoring and improvement and accreditation of midwifery programs in Malawi.
The curriculum and standards tell the teachers and the administrators what they should do. The assessment tools tell the teachers and administrators how to do it. The statement of desired performance begins a process of performance improvement. By knowing desired performance, the faculty, teachers and administrators of the midwifery education program can set goals for improving the quality of the educational program.

- **Kangaroo Mother Care Service: KMC Data**

  This form is designed to collect data each month on various Kangaroo Mother Care (KMC) metrics, such as the total number of live births, the total number of deaths before and during KMC, the number of patients discharged, and the number of patients that returned for follow-up care.

- **Kangaroo Mother Care (KMC) Supervision Checklist: For Supervisor to Assess KMC Units**

  This checklist itemizes all the areas that should be supervised in a Kangaroo Mother Care (KMC) unit/ward, including service provision, staff coverage, documentation, supplies and equipment, physical infrastructure, follow-up system, and information, education, and communication (IEC) materials.

- **Maternal and Neonatal Health Supervision Checklist**

  This is an itemized checklist for the supervision of facilities providing basic emergency obstetric care (BEmOC) and essential newborn care.

- **AKMC Register 4 Book [Kangaroo Mother Care Patient Tracking Register]**

  This form in Excel format is designed to help track the treatment and outcomes of Kangaroo Mother Care patients.

- **Kangaroo Mother Care (AKMC M&E Tool)**
This Word document contains the Kangaroo Health Care follow-up report and register forms for health centers and district hospitals.

- **Basic Emergency Obstetric Care (BEmOC) Site Evaluation Sheet**

  This form includes questions to help evaluate the services provided, human resources, infrastructure, equipment, drugs and infection prevention at basic emergency obstetric care (BEmOC) sites.

- **Basic Emergency Obstetric and Newborn Care (BEmONC) or Comprehensive Emergency Obstetric and Newborn Care (CEmONC) Site Supervision Checklist**

  This is a supervision checklist for Emergency Obstetric and Newborn Care sites to help monitor: (1) the infrastructure and environment, (2) the equipment and material, (3) the management of antenatal care clients, patients during labor and delivery, as well as postnatal mothers and babies, (4) family planning, and (5) postabortion care.

**Best Practices**

This section of the Malawi Maternal and Neonatal Health Toolkit is intended to provide resources that summarize best practices implemented in Malawi on this topic. Resources will be added as they become available.
If you have any resources that you would like to suggest, please visit the feedback form to post your suggestions.

Source URL: https://www.k4health.org/toolkits/malawi-mnh