Welcome to the Family Planning Toolkit for Malawi?your one-stop source for information and resources on issues surrounding family planning in Malawi developed by the Malawi Reproductive Health (RH) Toolkit Taskforce.

This toolkit provides helpful background information and practical tools for planning, implementing and delivering family planning services. Emphasis is placed on the importance of family planning at the community level to reduce maternal and neonatal mortality, and improve reproductive health. We invite you to contribute by suggesting resources to include in the toolkit and by posting your comments through the feedback form.

The intended audience is practitioners, health management teams, and health professionals interested in the concerted effort to prioritize family planning and integrate family planning with other healthcare services.

You may also want to visit other toolkits developed by the Malawi RH Toolkit Taskforce. Please visit the Malawi Maternal and Neonatal Health Toolkit and the Malawi Young People in Reproductive Health Toolkit.

Who developed this toolkit?

The Malawi Family Planning toolkit was created by the RH Toolkit Taskforce, made up of individuals from the Malawi Ministry of Health (Reproductive Health and Health Education Units), PSI, Futures Group, UNFPA, Bridge Project, National Youth Council of Malawi, National Organization of Nurses and Midwives, and Management Sciences for Health.

What are K4Health Toolkits?
K4Health Toolkits are electronic collections of carefully selected information resources on a particular topic for health policy makers, program managers, and service providers. Toolkits are based on a continuous publishing principle that allows them to evolve after publication to capture additional resources and to identify and fill remaining information gaps.

What types of resources are included?

This toolkit was created to provide resources and tools on family planning, specifically aimed at audiences in Malawi. It contains:
• Presentations and lessons learned on key family planning topics

• Communication materials including pamphlets, posters, and booklets

• Training materials

• Meeting minutes and reports from key family planning events

• Various guidelines and protocols issued by the Malawi Ministry of Health

Who are the intended audiences?

The toolkit is intended for use by:

• Policy makers and program managers who are interested in adding or improving existing family planning services

• Health care professionals who are interested in accurate information about family planning in Malawi

We invite you to suggest resources or adapt the resources in this toolkit to meet your needs.

How do I get started using this toolkit?

Some of the tools are readily available in an adaptable format (for example, Microsoft Word documents and PowerPoint presentations). We encourage you to alter and personalize these tools for your own use (please remember to credit the source). If you do use these tools or adapt them, we would love to hear from you. Please e-mail us. (To make a comment about the toolkit or suggest a resource, use the feedback form.)

How can I suggest a resource to include in this toolkit?

We invite you to contribute to improving this toolkit. If you have developed or use quality resources that you think should be included in the toolkit, please use the feedback form to suggest them. The toolkit collaborators will review and consider your suggestions.
How can I make a comment or give feedback?

If you have comments about the toolkit, please use the feedback form. Your feedback will help to ensure the toolkit remains up-to-date and is continually improved. For example, you can share ideas about how you have used the toolkit in your work so that others can learn from and adapt your experiences.

Best Practices

This section includes presentations that share the experiences of several countries in improving family planning and reproductive health (FP/RH) services. Most are taken from a conference on family planning held in Kigali in March 2010, facilitated by the USAID Africa Office. The conference showcased countries that have made significant progress in family planning uptake.

Additionally, you can find for a variety of family planning cost models for countries that help estimate the resources required to meet the goals of national family planning programs.

Do you have a suggested resource or want to post a comment or question? Please contact the RH toolkit task force through the toolkit feedback form.

Resources:

- Madagascar Family Planning Program- What is Unique (PowerPoint)
  
  This presentation focuses on the current structure of the health care system and the government's commitment to prioritize family planning on the national agenda in Madagascar.

- Madagascar- Scaling up Community Based Approaches: Ownership and Partnership Pay Off (PowerPoint)
This presentation uses photos and other visual images to showcase Madagascar experiences in meeting family planning demand.

• Mali- Implication des Leaders Religieux dans la Planification Familiale (PowerPoint)

This presentation is in French. It shares Mali’s successful experience in soliciting the help of religious leaders in the effort to increase the use of family planning services, by overcoming misconceptions that family planning and religion are incompatible.

• Nigeria- Contraceptive Costing and Securing Financing (PowerPoint)

This presentation is on Nigeria's experience in contraceptive costing and securing financing. The presentation includes forecast tables on demographics, costs of social marketing, and sales and costs of contraceptives.

• Nigeria- FP Experience (PowerPoint)

This presentation provides an overview of demographic and health indices in Nigeria and the features of the family planning program.

• Nigeria- Young People and Adolescent Interventions (PowerPoint)

This presentation is an overview of governmental initiatives and NGO projects underway in Nigeria to improve adolescent reproductive health (ARH).

• Rwanda- Political Commitment to Family Planning (PowerPoint)
This presentation explains how reducing the rate of population growth through family planning can help reduce poverty. The presentation provides an overview of current and prospective political commitments on a nationwide, district and community level scale to prioritize family planning.

- **Tanzania National Family Planning Costed Implementation Program (NFPCIP) (PowerPoint)**

This presentation explains the challenges facing family planning in Tanzania and how the Tanzania National Family Planning Costed Implementation Program (NFPCIP) plans to address these challenges. The presentation includes demographic information as well as the rationale, development process and strategic objectives of the NFPCIP.

- **Uganda- Family Planning in the Private Health Sector (PowerPoint)**

This presentation provides background information on the private health sector in Uganda and explains how the private sector has contributed to family planning services, what the challenges are and where improvements are needed.

- **Zambia- Contraceptive Commodity Security (PowerPoint)**

This presentation shares Zambia's experience in strengthening family planning with emphasis on contraceptive commodity security.

- **Ethiopia- Bringing Family Planning to Every Doorstep (PowerPoint)**

This presentation focuses on the Ethiopian Government's innovative strategy to improve primary health care service delivery and how it has increased the access to family planning services at the community level.
Community Based Distribution of Injectable Contraceptives in Malawi

This report presents research findings on the potential for making contraceptives, and in particular injectable contraceptives, widely available through using a community-based distribution (CBD) approach.

- Malawi- Repositioning FP Case Study: Choice Not Chance

This report documents the achievements, the process, and the keys to success from the family planning program in Malawi. The sources of data for this case study included in-depth interviews with key informants and a document review.

- Ensuring Reproductive Health Commodity Security within Sector Wide Approach

This document explains what sector wide approaches (SWAps) are and how their associated financial mechanisms are used to promote national ownership, streamline development processes, and coordinate donor contributions to government systems in social sectors that include health and education. Examples of health SWAps exist worldwide; this document draws from case studies in various countries, including Bangladesh, Kyrgyzstan, Malawi, Mozambique, and Nicaragua.

- Kenya - Involving the Private Sector in Family Planning (PowerPoint)

This presentation explains Kenya's experience in involving the private sector to increase access to and utilization of family planning.

- Ethiopia- Family Planning Program (PowerPoint)
This presentation is a brief overview of the family planning projects that the Ethiopian government and its partners have undertaken.

- **Kenya- Stakeholder Coordination Approach to Contraception Security (PowerPoint)**

  This presentation provides an overview of Kenya’s experience with increasing stakeholder coordination as a key approach to effective contraception security.

- **Kenya- Reproductive Health and HIV Integration (PowerPoint)**

  This presentation provides a very brief summary of Kenya's experience with integrating RH and HIV.

- **Malawi- Family Planning Program (PowerPoint)**

  This presentation explains the goals and strategies in use to strengthen family planning in Malawi.

- **Mali- Promouvoir l'Engagement Politique et Financier pour le Progres de la Planification Familiale**

  This presentation is in French. It focuses on the political action that has been taken in recent years to encourage family planning in Mali.

- **Rwanda- Scaling Up Family Planning Through Performance-Based Financing (PowerPoint)**

  This presentation is an overview of the principles of performance-based financing (PBF) and the experience of implementing PBF to increase the use of family planning in Rwanda.
Rwanda - Youth in Reproductive Health: Dual Protection (PowerPoint)

This presentation is a very brief overview of the challenges to the use of dual protection among youth in Rwanda and suggestions for how these might be resolved.

- Senegal - Integration de la Planification Familiale avec Autres Programmes (PowerPoint)

This presentation is in French. It summarizes how family planning, maternal health and child survival initiatives can be integrated with existing healthcare programs to promote efficient and effective services.

- DRC - Le Reseau 'Confiance' pour la Planification Familiale (PowerPoint)

This presentation is in French. It explains how the Confiance network has been involved in reestablishing FP in urban areas in the post-conflict environment of the DRC.

- Malawi - Ensuring Client-Centered Access to Contraceptive Supplies (PowerPoint)

This presentation explains the main challenges that Family Planning services are faced with in Malawi. It suggests how services can be brought closer to the community level and how data management can be strengthened to help prevent stockouts.

- Malawi - Where Have All the Health Workers Gone? Making Manpower the Centerpiece (PowerPoint)

This presentation provides an overview of the steps the government in Malawi has taken to
bring health care to the forefront of the political agenda and to increase the number of health care workers. The presentation considers the numbers of health care workers before and after the policy implementations as a measure of progress. Emerging lessons and sustainability are discussed.

- **Community Based Family Planning and HIV/AIDS Services Project Presentation (PowerPoint)**

  This presentation explains the goals of the Malawi family planning and HIV/AIDS project, the geographic scope, the approaches, the challenges, the lessons learned, and the outcomes.

- **Ethiopia - Making Human Resources for Health (HRH) the Centerpiece of Program Management (PowerPoint)**

  This presentation is an overview of the Ethiopian experience in strengthening Human Resources for Health as a strategic approach to integrate services and improve productivity.

**Family Planning Cost Models**

This section includes cost models for family planning services in several different countries. The models aim to estimate the resources required to meet the goals of a national family planning program. By inputting the required data, the model displays results in the form of tables and charts. The model breaks down the different costs of the program as well as the contributions needed from the public and NGO sectors. Data has already been entered into the models for the countries in the resources below.

**Resources:**

- **Madagascar- Family Planning Cost Model**

  n/a
Malawi- Family Planning Cost Model
n/a

- Mali- Family Planning Cost Model
n/a

- Nigeria- Family Planning Cost Model
n/a

- Rwanda- Family Planning Cost Model
n/a

- Senegal- Family Planning Cost Model
n/a

- Tanzania- Family Planning Cost Model
n/a

- Uganda- Family Planning Cost Model
n/a

- Zambia- Family Planning Cost Model
Malawi Family Planning Cost Model

This is a model for the costs of national family planning programs. The purpose of the model is to estimate the resources required to meet the goals of a national family planning program. By inputting current and projected funding, detailed results are calculated including a breakdown of the estimated costs by component, by sector, and the resource gap.

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DRC- Family Planning Cost Model

n/a

Ethiopia- Family Planning Cost Model

n/a

Kenya- Family Planning Cost Model

n/a

Policies and Guidelines
The Policies and Guidelines tab includes a family planning cost model for Malawi, protocols for administering Misoprostol and DMPA, and guidelines for reproductive health initiatives at the community level.

We want to hear from you! Do you have a suggested resource or want to post a comment or question? Please contact the RH toolkit task force through the toolkit feedback form.

Resources:

- **Condom Programming Toolkit**

  The purpose of this manual is to provide guidance to trainers who will serve as trainers of service providers in order to establish a large cadre of professionals able to understand basic and advanced concepts of male and female condom programming, or who will train, educate, and counsel condom users or potential condom users on how to users male and female condoms correctly and consistently.

  The primary audience of these tools are trainers in all regions of the world, including physicians, nurses, NGO members, Ministry of Health representatives and other relevant stakeholders. The assumption of the authors of this manual is that audience members will have some previous understanding of medical and/or public health concepts of HIV prevention and sexual and reproductive health promotion and thus only basic information will be provided in this toolkit. The tools provided in this manual are based on principles of adult learning and should help you design your trainings in an informative and interesting way.

- **DMPA Guidelines**
These guidelines are intended for District Health Officers (DHOs), Zonal Health Officers (ZHOs), programme implementers and local and international non-governmental organizations (NGOs) to support the concerted effort to increase community delivery of injectable contraceptives. These guidelines specify essential management actions that should be undertaken to introduce and sustain provision of injectable contraceptives at community level.

- **Road Map for Accelerating the Reduction of Maternal and Neonatal Mortality and Morbidity in Malawi**

The national Road Map was developed in response to the maternal mortality crisis in Malawi, and indeed to the Global and the African Union call for each country to develop a country-specific Road Map. It draws and builds on the Programme of Work (SWAp) and the Emergency Human Resources Programme of Malawi. It is in conformity with government commitment to accelerate the attainment of the MDGs related to maternal and neonatal health in Malawi.

- **Guidelines for Reproductive Health Community Initiatives**

These guidelines provide practical proposals on a variety issues necessary for the implementation of community initiatives to reduce maternal and neonatal morbidity and mortality in Malawi. These include directions on how to enter the community, problem identification, mobilizing the community for planning and taking ownership of the entire process. The guidelines are intended for District Health Management Teams (DHMT) and Health Centre staff to assist them to empower the community.

- **Why Accelerate HIV Prevention? Fact Sheet**

Fact sheet on HIV/AIDS for the Step Up The Pace campaign, launched to make 2006 the year to accelerate HIV prevention in Africa.

- **National Reproductive Health Strategy 2006-2010**
This National Reproductive Health Strategy 2006 ? 2010 is an updated version of the first RH strategy (1999 ? 2004) and in line with the concept of comprehensive RH as defined during the 1994 International Conference on Population and Development in Cairo: ?A state of complete physical, mental and social well-being and not merely the absence of disease and infirmity in all matters related to the reproductive system and its functions and processes.? The document was developed in a participative way with input from all stakeholders involved in RH in Malawi keeping in mind the purpose and goal of the national RH programme: The purpose of the national RH programme is:
· To promote through informed choice, safer reproductive health practices by men, women and young people, including increased use of high quality, accessible reproductive health services
The goal of the national programme is:
· Improved sexual and reproductive health for all men, women and young people in Malawi, especially the vulnerable and underserved

• National Condom Strategy

Users of this strategy will find the necessary information required to effectively procure, promote, distribute and dispense and monitor use of condoms to those who need them, regardless of age or location. The strategy provides a guide to various roles key implementation stakeholders should undertake in the implementation of condom programming.

• Guidelines for the Management of Sexual Assault and Rape in Malawi

These guidelines aim at improving Malawi?s health services for all individuals (women, men and children) who have been victims of sexual assault by providing:

○ A case definition to which these guidelines may apply
○ Health care workers with information on the knowledge and skills that are necessary for the management of victims of sexual assault
○ Standards for the provision of both health care and forensic evidence to victims of sexual assault
○ Guidance on the establishment of health and forensic services for victims of sexual assault.
The Glion Call to Action on Family Planning and HIV/AIDS in Women and Children

The linkages between reproductive health and HIV/AIDS prevention and care must be strengthened in order to achieve internationally agreed development goals. United Nations agencies have initiated a series of consultations to identify ways to build and reinforce these linkages. This Glion Call to Action reflects the consensus of the first consultation in May 2004 which focused on the linkage between family planning and prevention of mother-to-child HIV transmission. The call is set within the context of the objectives and actions agreed at the 1994 Cairo International Conference on Population and Development (ICPD).

The New York Call to Commitment: Linking HIV/AIDS and Sexual Reproductive Health

The AIDS epidemic is a global catastrophe, responsible for over 20 million deaths worldwide, tens of millions of children left orphaned, and 40 million people living with HIV. Similarly, five hundred million people a year suffer from reproductive health morbidity or lack of access to modern contraceptives, and there are over half a million pregnancy related deaths each year. In the face of these unprecedented crises, UNFPA and UNAIDS, in collaboration with Family Care International, convened a high-level global consultation at the Rockefeller Foundation in New York on 7 June 2004.

The Male Latex Condom: Specification and Guidelines for Procurement

The Male Latex Condom ? Specification and Guidelines for Condom Procurement is designed to provide a set of purchase specifications and procurement guidelines that ensure the highest level of safety consistent with high volume purchases, the needs of different populations, harsh environmental conditions and the probability of less than ideal storage conditions. It is a guide to help policy-makers, and procurement and programme managers make the right decisions to procure, distribute and promote a quality product.
Malawi Family Planning Cost Model

This is a model for the costs of national family planning programs. The purpose of the model is to estimate the resources required to meet the goals of a national family planning program. By inputting current and projected funding, detailed results are calculated including a breakdown of the estimated costs by component, by sector, and the resource gap.

- Malawi Misoprostol Protocol

This document is a service delivery protocol for the use of Misoprostol in the management of incomplete abortion.

Balanced Counseling Strategy Brochure

This section includes the Balanced Counseling Strategy brochures on various contraceptive methods as well as individual files for each of the brochure graphics.

Resources:

- IUD (brochure graphic)

  IUD graphic.

- LAM (brochure graphic)

  Lactational Amenorrhea Method (LAM ) graphic.

- Male Condom ( brochure graphic)

  Male Condom graphic.
Minipill (brochure graphic)

Minipill graphic.

- Monthly Injectable (brochure graphic)

Monthly Injectable graphic.

- Standard Days Method (brochure graphic)

Standard Days Method (SDM) graphic.

- The Pill (brochure graphic)

The Pill graphic.

- Tube Ligation (brochure graphic)

Tubal Ligation graphic.

- Two Day Method (brochure graphic)

Two Day Method graphic.

- Vasectomy (brochure graphic)

Vasectomy graphic.

- BCS Brochures
This document includes several brochures each pertaining to a method of contraception. Each section provides relevant information including method of use, effectiveness, health benefits/risks, and side effects. The list of brochures included is as follows: Monthly Injectable, Emergency Contraception, Female Condoms, Hormonal Implants, IUD, LAM, Male Condoms, Minipill, the Pill, DMPA, Standard Days Method, Tubal Ligation, Two Days Method, Vasectomy.

• Emergency Contraception (brochure graphic)

Emergency Contraception graphic.

• Female Condom (brochure graphic)

Female Condom graphic.

• Implant (brochure graphic)

Implant graphic.

• Injectable (brochure graphic)

graphic

Balanced Counseling Strategy Counseling Cards

This section includes Balanced Counseling Strategy resources intended for family planning service providers.

1. An algorithm/list of steps for implementing the BCS.
2. BCS Counseling Cards on contraception and on HIV transmission, prevention, assessment and counseling.
3. Individual files for each of the Counseling Card graphics.

Resources:

- **Algorithm for Using Balanced Counseling Strategy Plus (BCS)**

  This document summarizes the 19 steps needed to implement the BCS during a family planning counseling session. These steps are organized into four stages: pre-choice, method choice, post-choice, and STI/HIV counseling.

- **HIV Prevention (Counseling Card graphic)**

- **Implant (Counseling Card graphic)**

- **Injectable (Card Sorting graphic)**

- **IUD (Counseling Card graphic)**

- **Male Condom (Counseling Card graphic)**
• **Minipill (Counseling Card graphic)**

• **Monthly Injectable (Counseling Card graphic)**

  Counseling Card for monthly injectables.

• **Plus Image (Counseling Card graphic)**

• **Spermicide (Counseling Card graphic)**

• **Standard Days Method (Counseling Card graphic)**

• **The Pill (Counseling Card graphic)**

• **Tubal Ligation (Counseling Card graphic)**
Counseling Cards

This resource contains Counseling Cards for family planning service providers working in high STI/HIV prevalence settings. Each Counseling Card addresses a different topic. Topics include: A checklist to be reasonably sure a woman is pregnant, several Counseling Cards each pertaining to a method of contraception, Counseling Cards on HIV transmission/prevention, STI/HIV risk assessment, Dual Protection, HIV counseling and training.

- **Two Day Method (Counseling Card graphic)**
  
  graphic

- **Dual Protection (Counseling Card graphic)**
  
  graphic

- **Vasectomy (Counseling Card graphic)**
  
  graphic

- **Emergency Contraception (Counseling Card graphic)**
  
  graphic

- **LAM (Counseling Card graphic)**
Service Delivery

Ensuring good-quality services is a vital component and foundation for successful family planning programs.

What information do you need to deliver services in Malawi? Do you have a suggested resource or want to post a comment or question? Please contact the RH toolkit task force through the toolkit feedback form.

Resources:

- Distribution of DMPA-- Stakeholders Report
These are the detailed minutes on a meeting organized by the Malawi Reproductive Health Unit (RHU) in collaboration with USAID Health Policy Initiative entitled "The Way Forward: Malawi’s Road to Community Based Distribution of Depot Medroxyprogesterone Acetate (DMPA)?- The meeting included three presentations, discussion and plenary. Held in Lilongwe in July 2008.

Communication

Effective communication activities are key to raising awareness about family planning and to motivating individuals to seek and use family planning services. This section of the Malawi Family Planning Toolkit contains communication materials that can be used by policy makers, program managers, and family planning promoters.

Do you have a suggested resource or want to post a comment or question? Please contact the RH toolkit task force through the toolkit feedback form.

Resources:

- **Kondomu ya amayi Poster**

  In the poster, you will see a young lady demonstrating how to use a fc

- **Zambia- Increasing Uptake of Long Acting Reversible FP Methods (PowerPoint)**

  Kigali Conference- Zambia’s success story.
Condom Frequently Asked Questions

This document includes frequently asked questions and advice about the use and effectiveness of condoms, and provides links to further information.

• Youth Friendly Poster for Road Map

Youth Friendly Poster for Road Map.

• Condom Dispenser (image)

This image is appropriate for a condom dispenser and has a picture of two condoms. It is in local language, titled "Moyo Ngokoma!"

• Contraceptives for Couples (poster)

This poster displays a health worker providing family planning counseling to a couple. It also includes pictures of different contraceptive options such as: contraceptive pills, condoms, injectables, implants, IUD, and female & male sterilization.

• Family Planning Promotion (poster; Tumbuka)

This poster shows a pregnant woman with two small children with a message focused on family planning promotion. The poster is in the Tumbuka language.

• Family Planning Promotion (poster; Chichewa)

This poster shows a pregnant woman with two small children and has a message focused on family planning promotion. The poster is in the Chichewa language.
Emergency Contraception (EC)

For many women, emergency contraceptive pills (ECPs) offer an opportunity to prevent unintended pregnancy following contraceptive method failure, rape or unprotected sex. Access to this safe, effective option remains an essential element of women’s quality reproductive healthcare.

Source: Introducing Emergency Contraception Within Reproductive Health Programs: The ECP Handbook

Resources:

- **Njira Yolerera Ya Pangozi**
  
  tbd

- **EC Missed Pill (poster)**
  
  This poster displays a woman holding her contraceptive pills after realizing she had missed a pill as well as a health worker holding an emergency contraceptive pill.

- **EC Rape (poster)**
  
  This poster shows an emotional woman after experiencing a rape as well as a health worker holding emergency contraceptives.

- **EC Young People Myths 1 (poster)**
  
  This poster displays a young woman and man looking at one another. The purpose of the poster is to educate young people about the myths of emergency contraception.

- **EC Young People Myths 2 (poster)**
This poster shows an adolescent girl and the message is focused on the myths that young people have about emergency contraception.

- **Emergency Contraceptives Leaflet (Chichewa)**

  This leaflet discusses emergency contraceptives (in Chichewa).

- **Emergency Contraception Booklet**

  This booklet, written in Chichewa, discusses emergency contraception (EC).

- **EC Condom (poster)**

  This poster displays a young man and woman as well as a health worker holding emergency contraceptives.

- **EC Missed Injection (poster)**

  This poster displays a woman who missed her contraceptive injectable as well as a health worker holding an emergency contraceptive pill.

**Female Condoms**

**Resources:**

- **Malawi Female Condom Fact Sheet**

  This document provides figures on the demographics of HIV prevalence in Malawi, and summarizes the measures the government and other INGOs are taking to distribute female condoms, and the challenges these programs face.
Female Condom Information (Chichewa)

This document provides information on the female condom (in Chichewa).

- **Ufulu Wa Munthu Wofuna Chithandizo Cha Kulera**

  Patient information in Chichewa.

- **Female Condom (booklet)**

  This booklet includes pictures and directions on how to properly use a female condom.

- **Female Condom Demonstration Leaflet**

  This document demonstrates how to use the female condom.

**Tools**

Tools that have been developed for family planning can help you in your work.

Can you suggest additional tools for this toolkit or would you like to post a comment or question? Please contact the RH toolkit task force through the toolkit feedback form.

**Resources:**
**Malawi Rapid Brief - Chichewa**

Malawi Rapid Brief is a summarized version of the Malawi Rapid Tool. The Malawi RAPID tool is an advocacy tool developed by the Malawi Government to garner support from all stakeholders to address issues of population growth and its impacts.

- **Estimation of Access to Contraceptives in Malawi**

  Malawi faces immense reproductive health challenges, many of which could be ameliorated with an increase in contraceptive use. The main objective of this paper is to see if analysis of spatially referenced facility and health data can identify a gradient of access to specific services and determine whether and how the gradient affects the utilization of contraceptive services in Malawi. The methods employed in this paper include one of the first examples of kernel density estimation as a means of identifying the presence and health significance of access to health services. Results show that Malawian women who lived in areas of medium and low density family planning availability were significantly less likely to use modern contraception compared to women who live in high density areas.

- **Road Map Advocacy Package**

  Road Map Advocacy Package.

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Do you have a suggested resource or want to post a comment or question? Please contact the RH toolkit task force through the toolkit feedback form.
You can also take one of more than forty e-Learning courses, full of state-of-the-art technical content on key public health topics.

Resources:

- **DMPA Trainers Manual**

  This trainer manual contains six units as follows: Depot Medroxy-Progesterone Acetate; Counseling New Clients and Continuing Clients; Infection Prevention; Provision of DMPA; Clients Return Visit; and DMPA Logistics Management. It is intended to help the trainer accomplish the following:
  - Develop lesson plans for each topic.
  - Prepare the training environment, teaching and learning materials
  - Supervise participants during practicum sessions
  - Conduct class room and clinical assessment

- **CBD DMPA Participants Manual**

  This is the Participant’s Manual for the Community-Based Supply Chain Management System For Injectable Contraceptives. Its overall objective is to equip Health Surveillance Assistants with the knowledge and skills required to effectively manage the community-based Injectable Contraceptives logistics management system to ensure continued availability of Injectable Contraceptives at community level.

  Specific Objectives include:
  - Describe purpose and components of the community-based Injectable Contraceptives logistics management system.
  - Identify individual responsibilities and describe them in relation to those of others at different levels in the system
  - Strengthen skills to store and issue Injectable Contraceptives according to guidelines
  - Strengthen skills to maintain records and report consumption, losses and adjustments, stock on hand and other logistics data
  - Acquire skills to assess stock status at the community-based service delivery point.

Source URL: https://www.k4health.org/toolkits/malawi-fp