



The K4Health Experience

Knowledge. Action. Results.



Erin Aggers is a Peace Corps Volunteer who works at Masedi Clinic in the village of Tonota in the Central District of Botswana.

Tonota Teen Club

Erin and several other clinic staff members founded the Tonota Teen Club for local adolescents living with HIV. Their goal was to provide a safe space for young people to share their experiences, build their self-esteem, and reinforce healthy lifestyle messages.

The Teen Club has held 14 monthly meetings since May 2014. The topics range from stigma and adherence to medication to art projects and drama performances.

"Having concrete resources that can be used in actual meetings is a rare thing to find, and that's what I appreciate most about the K4Health Toolkit."

ALHIV Toolkit

Erin's colleague recommended K4Health's Adolescents Living with HIV (ALHIV) Toolkit, developed by USAID and FHI 360, for his work with the Tonota Teen Club. The Toolkit provided Erin with valuable ideas and resources for planning lessons and meetings.



The materials on treatment literacy & adherence and counseling & disclosure were particularly helpful.



Erin has used the Children's Anti-Retroviral Therapy (ART) Literacy Series many times and now recommends it to other Peace Corps volunteers in Botswana.