ECLAMPSIA IS A SERIOUS EMERGENCY. THEREFORE, CALL FOR HELP AND DO NOT LEAVE THE PATIENT UNATTENDED

1. **ABC of Resuscitation**
   - Airway
   - Breathing
   - Circulation

2. **Control Seizures**
   - Magnesium Sulphate
   - Hydralazine

3. **Control Hypertension**

4. **DELIVER**
   - If not postpartum
   - Labour Induction, OR Caesarean section
Job Aid for Management of Eclampsia

1. **ABC** of Resuscitation
   - Assess airway and maintain patency
   - Give oxygen by face mask (4L/min) or ventilate as needed
   - Check pulse, Bp, set up IV drip, catheterize and monitor vital signs, fluid input and output

2. **C**ontrol seizures with Magnesium Sulphate
   - **Give loading dose**
     - Give 4 g IV over 5-10 mins (Add 8 mls of 50% MgSO₄ to 12 mls of N/Saline)-4 g in 20 ml=20%
     - Follow with 5 g. MgSO₄ (10 mls of 50% MgSO₄ in 10 mls of N/saline) in each buttock as deep IM injection with 1 ml of 2% lignocaine in same syringe.
     - If convulsions recur within 15 mins, add 2 g. MgSO₄ IV over 5 mins
   - **Maintenance dose**
     - Give 5 g. MgSO₄ + 1 ml 2% lignocaine IM every 4 hours into alternative buttocks
     - Continue maintenance dose for 24 hours after delivery or after the last convulsion, whichever occurs last
     - **Do not give repeat dose if**: RR is <16 breaths / min, Patellar reflexes are absent or Urine output is <30 mls/hr
     - Keep antidote ready always (1 g. Calcium Gluconate-10 mls of 10% Calcium Gluconate solution given slowly IV)

3. **C**ontrol hypertension with hydralazine
   - **Give Hydralazine, 5 mg IV slowly every 5 mins** until diastolic BP is between 90-100 mm Hg.
   - **Repeat hourly as needed** or give 12.5 mg IM every 2 hours
   - **Maintain diastolic blood pressure between 90-100 mm. Hg** to prevent cerebral haemorrhage

4. **D**eliver the patient (if not already postpartum)
   - If cervix is favourable (i.e soft, effaced or dilating) and there is no fetal distress, **induce labour with oxytocin infusion**
   - If cervix is unfavourable or delivery is unlikely within 12 hours, perform **Caesarean section**

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